

Be the Exception

Description

• You alone are responsible for what you do, don't do, or how you respond to what's done to you. •
Darren Hardy



If you haven't achieved your dreams it's your own damn fault. No excuses.

This is my favorite mug. I love it. I have loved it since I got it. About 7 years ago I was feeling stuck. Life was going well, and I was grateful for the unique experiences I had already had. My expectations though, of what life *should be* at age 35, were not my reality. The company I was working for at the time made huge investments in its people and our development. They had partnerships with many big names in the personal development world- one of which was Darren Hardy, former publisher of SUCCESS magazine and author of *The Compound Effect*. He'd spent hundreds of hours through his career interviewing some of the most successful folks in various industries. I had the opportunity to hear him speak to our staff a few times, and to attend one of his leadership success workshops in San Diego. I remember he spoke about how in his work, he wanted to discover what made these ultra-successful people tick and perhaps, whether there were things they all shared in common. He's a no-nonsense type advisor and mentor. His hard-hitting approach is not always my favorite or best motivator, but I did find this mug on his website that I loved. The message, the design, all of it.

At 35 I chose to (do my best) to quash all the expectations I had previously held about what life was supposed to be, and rather, chose to be grateful for the amazing adventure my life had become. It was a mental battle. Once I was getting a handle on it, I set goals for myself that I know I had more if not total control over. The biggest one was the goal that got me here writing this blog post on my website for you today: to be my own boss in my 40s. It didn't happen overnight. I did not just jump ship blindly from a great leadership role. I hustled. I took second jobs. I joined boards. I found mentors and coaches. I spoke with financial advisors and saved strategically. I invested in myself to obtain new certifications and credentials. And I read every book, blog, and article to figure out how the hell I was going to be my own boss! And every time I scheduled intentional planning or study time with a hot cup of coffee or tea, I would grab my Darren Hardy mug to remind me that this was 99% up to me to bring this dream to reality. And whenever I felt sorry for myself that I was sacrificing my social life or my friends weren't doing all this side hustle giving up their evenings and weekends, I would turn the mug around and focus on the other reminder. **Be the exception.** More about this in my August post!



What are your dreams? What are the goals or vision for your life today forward? Do you feel guilty or self-serving when you think about what *you* truly want for your life? Reach out if you want to chat more about this. I would love to guide you on this journey to help you live your most intentional and fulfilling life possible!

Category

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Tags

1. be the exception

2. design your life

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